

## You are not this body

*You are not this body,*

*Riddled with ants, that traipse insidiously*

*Towards the seat of consciousness*

*You are not this body*

*In which you are trapped, forever set*

*Against a cruel dictator, who takes your control*

*You are not this body*

*A biomedical disease process of ascending paralysis*

*That the doctors cannot fix*

*You are not this body,*

*Who took you to strange lands,*

*Who held the world in its senses*

*You are not this body*

*Written by the past*

*Carved out of memory*

*You are not this body*

*Who cannot bear to look*

*At itself*

*You are not this body*

*Who cannot walk and cannot live*

*And cannot be at peace*

*You are not this body*

*Who craves life*

*Even when it is dying*

*You are not this body*

*That you have borrowed on loan*

*To be returned to the Earth*

*You are not this body*

*And you are everything else.*