

# CAREERS WITH A PSYCHOLOGY DEGREE

Psychology graduates are employed in a diverse range of fields. Psychology degrees give our graduates the flexibility to choose a field that aligns best with their own interests.

This image shows the wide range of job areas our graduates are working in after finishing their Psychology degrees at Otago.



## BECOMING A PSYCHOLOGIST IN NZ

To practice as a Psychologist in New Zealand, you need to register with the New Zealand Psychologists Board and hold a current practicing certificate. Completion of an accredited postgraduate course is the main pathway to registration in New Zealand.

At Otago, we have an accredited postgraduate course in Clinical Psychology, which directly qualifies graduates for registration. Students can also meet requirements for registration by completing a Master's degree in Psychology at Otago, followed by a Board-approved practicum or internship involving 1500 hours of supervised practice. For more info: [www.psychologistsboard.org.nz](http://www.psychologistsboard.org.nz)

## OTHER PROFESSIONAL QUALIFICATIONS

Psychology graduates may pursue postgraduate study towards other professional qualifications. Here are some professional areas our graduates are working in:

- Primary / Secondary Teaching
- Student Guidance Counselling
- Addictions Counselling
- Social / Youth Work
- Career Practitioner
- General Counselling
- Speech / Language Therapy
- Occupational Therapy
- Health Coaching
- Audiology
- Paramedic
- Nursing

For more career advice, visit [www.otago.ac.nz/careers](http://www.otago.ac.nz/careers)

# GRADUATE SKILLS

Here are the top skills that our recent Psychology graduates rated as skills they **developed** highly during their Psychology studies, and have **applied** these often since.



Written communication skills



Analytical skills



The skills to plan my own work



The ability to solve problems



Independent judgement



An awareness of ethical issues



A willingness to learn

Other skills you can gain from a Psychology degree include: *research skills, critical thinking, verbal communication skills, statistical techniques, information literacy, and interdisciplinary perspectives.*

*"Top skills" information obtained from the University of Otago Graduate Opinion Survey Summary Reports 2021, 2022, and 2023.*

A psychology degree will give you a broad understanding of human behaviour. Here is some of the specialist knowledge you can gain from a Psychology degree at Otago.

# SPECIALIST KNOWLEDGE



For more information, visit:  
[www.otago.ac.nz/psychology](http://www.otago.ac.nz/psychology)